

25th Annual  
Northwest Conference on

# Behavioral Health and Addictive Disorders

MAY 30-JUNE 1, 2012  
SEATTLE (BELLEVUE), WA



Dan Amen, MD



Rokelle Lerner



John Bradshaw, MA



Gabor Maté, MD

## Special Focus On

- The Brain, Neuroscience & Therapy
  - Anxiety and Panic Disorders • Trauma Treatment
  - Co-Occurring Disorders • Nutrition & Recovery
- Special Feature—Addiction and Recovery Film Festival

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25th Annual Northwest Conference on

# Behavioral Health and Addictive Disorders

**MAY 30-JUNE 1, 2012**

**SEATTLE (BELLEVUE), WA**

## Who Should Attend?

The training will be valuable for those working in the areas of:

- Mental Health
- Addictions Counseling
- Marriage and Family Therapy
- Psychology
- School Counseling
- Registered Nursing
- Courts and Corrections
- Prevention
- Employee Assistance
- And Others

## Seattle Tuition

Full Program: \$399.00

Daily Tuition: \$140.00

## Exhibit Opportunities

For exhibit

information contact:

800-851-9100 ext. 220

## Program Focus and Goals

The 25th Annual Northwest Conference on Behavioral Health and Addictive Disorders provides a forum for exploring the complex issues within the physical, emotional, social and spiritual dimensions of mental illness and addictive disorders. Emphasis will also be placed on special topics such as neuroscience, trauma, the healthy brain, the primacy of affect, ethics, the roots of addiction, depression and borderline issues, the psychodynamics of shame and eating disorders. The latest brain research will be explored as it applies to psychotherapy across an array of issues. The role of cinema and film in the depiction and understanding of the impact of addictive and compulsive behaviors in society will be highlighted to include an evening Film Festival.

## What is the Northwest Conference on Behavioral Health & Addictive Disorders?

A premier training event, specializing in mental health and the addictions field. US Journal Training, Inc. and The Institute for Integral Development, present a combination of nationally recognized faculty who can address a wide variety of today's most relevant topics. The result is highly acclaimed national training events featuring customized training opportunities for developing new treatment strategies and the sharing of research advances for clinicians and counselors.

## Seattle Faculty Includes



Dan Amen, MD



Bill O'Hanlon, MS



Rokelle Lerner



John Bradshaw, MA



Gabor Maté, MD

Vibrant, modern and growing, Bellevue Washington is the gateway to the entire Puget Sound region. Surrounded by magnificent natural beauty and outdoor spaces, this one-of-a-kind place offers the ultimate in shopping, dining and cultural attractions all in a clean, safe, easy-to-walk environment. Then, after a busy day, unwind at any of Bellevue's numerous spas, museums, performing arts groups and art galleries. Within minutes you can explore Seattle's culture and history. Possible excursions while in the Seattle area include the Space Needle, the Seattle Art Museum housing more than 21,000 art objects and World Famous Pike Place Market ([www.pikeplacemarket.org](http://www.pikeplacemarket.org)). For more information visit the Seattle Convention and Visitors Bureau website ([www.visitseattle.org](http://www.visitseattle.org)) or the Bellevue Visitors Bureau website ([www.visitbellevuewashington.com](http://www.visitbellevuewashington.com)).

## Seattle, Local Attractions



### Conference Site

Hyatt Regency Bellevue is a Four Diamond hotel on Seattle's desirable Eastside fresh from an expansion that unveiled a stunning new guest tower. Stroll through connecting sky bridges and discover more than 250 shops, 45 restaurants and plenty of entertainment options harbored inside this chic urban streetscape. Room rates at the Hyatt Regency Bellevue are \$145 single/double (plus tax). To make a reservation, please call the Hyatt Regency directly and mention "US Journal Training". Reservations must be made by April 23, 2012 but room block may sell out prior to that date.

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Phone: (888) 421-1442 or (425) 462-1234

### Transportation to the Hotel

Shuttle service from the Sea-Tac airport to the hotel is available. The Shuttle Express leaves approximately every hour. The current cost is \$19 per scheduled one way ticket. For departure from Bellevue hotel to Sea-Tac airport a 24-hour reservation is required. Prices are subject to change. Contact Shuttle Express at: [www.shuttleexpress.com](http://www.shuttleexpress.com) or (425) 981-7000

## Plan Ahead for Other 2012 Upcoming Events (Visit our Website at [www.usjt.com](http://www.usjt.com))

26th National Conference on

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Kim Dennis, MD



Kevin McCauley, MD



Colin Ross, MD

### Faculty Also Includes:

Kristen Allott, ND, LAc  
Sylvia Dobrow, MPH  
Michael Kahn, LPC, JD  
Jack Kuo, MD  
Gordon Schieble, MDiv  
Reid Wilson, PhD  
David Emerald Womeldorff, MS

## Tuesday May 29

5:30-8:00pm **Early Conference Registration at Hyatt Regency Bellevue**

## Wednesday May 30

7:45am **Registration Continued**

9:00-10:30am **Change Your Brain, Change Your Life**

**Dan Amen, MD**

*Physician, child and adult psychiatrist, brain imaging specialist, bestselling author, Distinguished Fellow of the American Psychiatric Association and the CEO and medical director of Amen Clinics, Inc. Host of several PBS specials including Change Your Brain, Change Your Life and The Brain in Love.*



Using the latest, most sophisticated brain imaging technology in medicine this presentation gives an intimate look into a “working brain”. Brain patterns that correlate with specific feeling and behaviors, what happens when things go wrong, specific exercise to balance each part of the brain and insights for working with psychotherapy clients will be covered.

10:30-11:30am **Refreshment Breaks** Each AM and PM in Exhibit Area

11:00am-12:30pm **The Primacy of the “Affect System”:  
How Feelings are the Primary  
Motivator of Human Behavior**

**John Bradshaw, MA**

*Counselor, author, theologian and public speaker for the past four decades and a world renowned figure in the fields of addictions, recovery, family systems and the concept of toxic shame. Author of Bradshaw On: The Family—A Revolutionary Way of Self Discovery, Family Secrets—What You Don’t Know Can Hurt You, and three New York Times bestselling books: Homecoming: Reclaiming and Championing Your Inner Child, Creating Love, and Healing the Shame That Binds You.*



Emotion is involved in most aspects of human behavior. This keynote will present significant ideas from several brain researchers that offer aspects of neuroscience that clearly marks the primacy of affect regulation as the critical factor in the organization of a functional human self.

2:00-3:30pm **CONCURRENT WORKSHOPS**

**Unchain Your Brain: Breaking Addictions That Steal Your Life**

**Dan Amen, MD**

The missing link to effective addiction treatment is understanding and optimizing brain function. This presentation will discuss how brain science can inform and enhance addiction treatment and will give specific brain based ways to help break the addictions that steal people’s lives.

**Reel Therapy 1: Ethical and Professional Issues for Therapists**

**Michael Kahn, LPC, JD**

*Lectures and facilitates workshops in the U.S. and internationally on grief, diversity, self-care and ethics, including work with the U.S. military. He is among the forefront in his field on the use of film in group therapy and workshops and makes documentary films.*

This session will focus on the differences between boundary violations and crossings using entertaining and provocative film clips. Issues discussed will include self-disclosure, touch and setting limits with clients who violate boundaries.

**Healing the Shame that Binds You**

**John Bradshaw, MA**

This workshop shows how unhealthy toxic shame is the core component of our compulsions including codependency, lying, addiction, and the drive to super-achieve or underachieve. This toxic shame, most often experienced in childhood, results in the breakdown of our self-esteem, the destruction of the family system, an inability to move forward and form lasting intimate relationships in our lives. Helping clients identify their personal shame, understand the underlying reasons for it, address these root causes, and release themselves from the shame that binds them to their past failures will also be discussed.

## 4:00-5:30pm **CONCURRENT WORKSHOPS**

### **Natural Ways to Heal the Brain: Integrating Psychotherapy and Brain Science**

**Dan Amen, MD**

There is solid scientific evidence that targeted psychotherapy can change brain function in a positive way. This workshop will introduce a brain system approach to targeted psychotherapy and will also discuss using natural supplements to enhance brain function.

### **The Power of TED\* (“The Empowerment Dynamic”)**

**David Emerald Womeldorff, MS**

*Co-founder, Bainbridge Leadership Center; adjunct faculty, University of Notre Dame’s Mendoza College of Business Executive Education; author, The Power of TED\* and co-author of the forthcoming Power of TED\* for Diabetes: A Story of Health Empowerment.*

The Karpman Drama Triangle, with its roles of Victim, Persecutor and Rescuer are known to many in our field. However, a clearly articulated alternative set of roles and relationship dynamics, as well as a way of making the transition to conscious, choice-making roles, has been elusive - until now. Dr. Karpman has said, “The Empowerment Triangle is a highly original and effective escape from the Drama Triangle.” This workshop may transform the way you relate to your clients... and to your own life experience.

### **Effective Therapy: A Major Force in Enhancing Moral Intelligence**

**John Bradshaw, MA**

This workshop brings forth a strong case for the role of therapy in forming moral intelligence. Humans possess a unique innate moral intelligence—defined as “right practical reasoning in making good choices.” This ability to choose well is marred by addictions and emotional illness. Focusing on the critical part played by emotion and volition in making mature choices, specific ways in which effective therapy can invigorate and restore one’s moral intelligence are offered.

### **Reel Therapy 2: More Ethical and Professional Issues for Therapists**

**Michael Kahn, LPC, JD**

As with Reel Therapy 1, this workshop will discuss ethical and professional issues using entertaining and provocative film clips. Issues discussed will include establishing the therapeutic relationship, managing termination, the importance of consultation and self-care as an ethical mandate. (Please note: This session will extend to 6:30 PM for those requiring a total of 4 hours of Ethics for licensure)

## **Thursday May 31**

### **9:00-10:00am The Hungry Ghost: Combining Science and Compassion in the Treatment of Addiction**

**Gabor Maté, MD**

*Physician, author and public speaker, based in Vancouver, British Columbia. His four books are all Canadian bestsellers; his most recent title is the award winning In the Realm of Hungry Ghosts: Close Encounters with Addiction. Dr. Gabor was a family practitioner for 20 years and for seven years served as Medical Coordinator of the Palliative Carer Unit at Vancouver Hospital. For 12 years, he worked in Vancouver’s Downtown Eastside with patients challenged by hard core drug addiction, mental illness and HIV. His other interests encompass childhood developmental issues, childhood and adolescent mental health and parenting issues.*

Contrary to popular and medical misbelief, addictions—whether to substances or to behaviors such as gambling—are not caused by poor choices or bad genes. They are rooted in childhood emotional loss or trauma. This keynote outlines the latest research regarding the true source of addictions and offers treatment approaches based on science and compassion.



### **10:30-11:30am Healing the Loss of Dreams: Strategies for Resolving Loss**

**Rokelle Lerner**

*Clinical Director of InnerPath Retreats at Cottonwood Tucson. She has received numerous awards for her work with children and families including Esquire Magazine’s “Top 100 Women in the U.S. Who Are Changing the Nation,” and the National Association of Children of Alcoholics lifetime achievement award for her work*



with ACoAs. Author of Affirmations for Adult Children of Alcoholics, Affirmations for the Inner Child, Living in the Comfort Zone: The Gift of Boundaries in Relationships and her latest book The Object of My Affection is in My Reflection: Coping with Narcissists.

The loss of a dream is difficult to articulate and clinicians often miss their impact. When dreams are shattered it causes inexplicable grief that others may have difficulty comprehending. For every tangible loss there is always a dream attached and until those dreams have been identified and processed, losses will never be resolved and optimism is thwarted. This lecture focuses on specific tools that allow clients to move beyond loss into a new vision for their future.

## 11:30am-12:30pm **Understanding and Treating Trauma: A Dissociative Model**

**Colin Ross, MD**

*Clinician and Researcher in the field of dissociation and trauma-related disorders; author of Dissociative Identity Disorder and Trauma Model Therapy; President of The Ross Institute.*



Trauma in the light of a dissociative structural model of mental disorders is discussed. The model unifies a broad range of different disorders and leads to a unified treatment plan for the extensive comorbidity resulting from severe, chronic trauma.

## 2:00-3:30pm **CONCURRENT WORKSHOPS**

### **Co-Occurring Disorders: Eating Disorders and Substance Abuse/Chemical Dependency in Women**

**Kim Dennis, MD**

*Board-certified psychiatrist who specializes in treating addictions, eating disorders and co-occurring disorders. She currently serves as the medical director at Timberline Knolls, where she works with adolescent girls and women. She maintains a holistic perspective, incorporating biological, psycho-social and spiritual approaches to support her patients in engaging in the process of recovery.*

This presentation will examine the demographics of eating disorders (ED) and substance use disorders (SUD), as well as the co-occurring demographics of both. It will review the current research on the possible etiology of eating disorders and examine common psychological characteristics of individuals with ED and examine their relationship to SUDs. Appropriate treatment methodologies utilizing the recovery and 12-Step models will be presented.

### **Kids in Chaos: How Resilience is Lost and How to Foster It**

**Gabor Maté, MD**

An increasing number of children and adolescents are being treated of ADD/ADHD and related disorders that are risk for addictions. Mainstream medical practice regards these conditions as diseases to be medicated. In fact, they are failures of development, because our society no longer offers children the necessary conditions for healthy growth. How to understand childhood disorders from ADHD to conduct disorders such as oppositionality and bullying is the subject of this workshop, along with suggestions on how to promote appropriate development that fosters resilience and helps prevent addictions. The key is healthy attachments with adults.

### **Hidden Epidemic: Substance Abuse and Older Adults**

**Gordon Schieble, MDiv**

*Chemical Dependency Counselor, Hemet Valley Recovery Center, manages/facilitates the Older Adult Program.*

**Sylvia Dobrow, MPH**

*Group Facilitator, Hemet Valley Recovery Center*

It is commonly thought that older adults are not the usual suspect when it comes to substance abuse disorders. But what do we really know about how common this issue is in the elderly? Is it really a problem? If it is, why is it hidden and what can be done about it? This session will review information about the disease of addiction among the older adult population and explore strategies to effectively address this problem.

### **Treating Trauma and Depression**

**Colin Ross, MD**

Depression is one of the core psychological consequences of trauma. Trauma Model Therapy for depression utilizes classical cognitive therapy techniques plus a focus on grief, attachment conflicts and self-blame, all of which must be addressed in the trauma survivor. Therapy interventions for depression will be illustrated with brief case examples.

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## 4:00-5:30pm **CONCURRENT WORKSHOPS**

### **Mindfulness and Recovery: Quenching the Thirst for Wholeness**

**Rokelle Lerner**

The key to ongoing freedom from alcoholism or any other kind of addiction is right before us, here and now, in the ordinary and perfect present moment. The problem is that addictions are often the result of our efforts to escape living in the present in the first place. This lecture will provide practical tools to observing and fostering mindfulness in recovery.

### **When the Body Says No: Avoiding Caregiver Stress**

**Gabor Maté, MD**

People in the helping professions are at risk for burnout, not only due to the pressures and challenges of working with troubled individuals and families, but also because of self-generated stresses that undermine health and deplete energy. Based on Gabor Maté's widely published best-seller, *When the Body Says No: Exploring the Stress-Disease Connection*, this workshop will illuminate how we unwittingly generate stress for ourselves and how to avoid doing so.

### **Pleasure Unwoven**

**Kevin McCauley, MD**

*Co-founder of The Institute for Addiction Study and a co-creator of Applied Recovery. He became interested in the problem of drug and alcohol addiction while serving as a flight surgeon in the U.S. Navy and observing the extraordinary success of its program for treating alcoholic pilots. Kevin believes all people suffering from chemical dependency can have the same success as pilots if afforded the same degree of support.*

Despite extensive neuroscientific evidence, patients, their families, employers, and policy makers still have a hard time accepting that addiction is a disorder of the brain and not just the result of bad choices. To tackle this problem head-on, The Institute for Addiction Study used social marketing techniques to create a 70-minute DVD which traces the path of one recovering addict and physician, Dr Kevin McCauley, as he explores the neuroscience of addiction in an attempt to answer for himself: "Is addiction really a disease?"

### **Stress, Hormone Imbalance and Nutrition: Considerations for Therapists**

**Colin Ross, MD**

Therapists should be aware of the extensive scientific information about the relationships between stress, hormones and physical and mental health. Three hormones that illustrate this relationship are cortisol, testosterone and Vitamin D. Clinicians will learn about supplementation options for testosterone and Vitamin D and the role of both in physical and mental health.

## **Thursday Evening**

**7:00pm-9:00pm (Optional) Film Festival**

**Leonard Buschel, Master of Ceremonies**

*Co-founder with Robert Downey Sr. of Writers in Treatment, a national nonprofit organization based in Studio City, Ca. Writers In Treatment produces the yearly Reel Recovery Film Festival in Los Angeles. Leonard is a California certified Substance Abuse Counselor.*

### **World's Most Dangerous Drug** (52 Minutes)

Methamphetamine—"Meth"—is considered one of the hardest drugs to quit. This special National Geographic investigative report examines the science behind the reasons this substance is so powerful, addictive and destructive.

This documentary reveals the non-Hollywoodized truth of the ravaging "meth epidemic".

### **Beauty Mark** (51 Minutes)

In this courageous, deeply personal film, Diane Israel, therapist and ex-decathlon champion, examines American culture's toxic emphasis on thinness, beauty and physical perfection. The film lends context to Israel's personal odyssey with fascinating insights from athletes, body builders, fashion models, and inner-city teens, as well as prominent cultural critics and authors such as Eve Ensler, Paul Campos, and Naomi Wolf.

**9:00pm Additional Late Night Feature** (CEU's not offered for this final film)

### **Shame** (101 Minutes)

Brandon is a 30-something man living in New York who is unable to manage his sex life, Shame is a compelling and timely examination of the nature of need, how we live our lives and the experiences that shape a sex addict. Starring Michael Fassbender, "It's the director's astonishing knack for layering thought itself into his images that really stuns, and Shame is packed with scenes which are both immaculately composed and seething with meaning." Daily Telegraph.

# Friday June 1

## 9:00-10:00am **Connection: The Key Element in Healing**

**Bill O'Hanlon, MS**



*Clinical Member of AAMFT, winner of the New Mexico AMFT Distinguished Service Award, and a Fellow and Board Member of the American Psychotherapy Association. Author or co-author of 33 books including Change 101: A Practical Guide to Creating Change and Competency-Based Counseling and Therapy.*

When people have troubles that bring them for help, they often feel (and are) isolated and disconnected. This session will detail the three major areas in which people get disconnected and the seven pathways to reconnection. You'll learn how these seven pathways in psychotherapy, addictions work and healing.

## 10:30-11:30am **Winning the Anxiety Game: Brief Strategic Treatment for the Anxiety Disorders**

**Reid Wilson, PhD**



*Director of the Anxiety Disorders Treatment Center and Associate Clinical Professor of Psychiatry at the University of North Carolina School of Medicine; author Don't Panic: Taking Control of Anxiety Attacks and Facing Panic; co-author, Stop Obsessing: How to*

*Overcome Your Obsessions and Compulsions.*

The anxiety disorders manipulate people by injecting rules into consciousness, then using that set of laws to take over mental territory. Phobias, panic, social anxiety, generalized anxiety and OCD will be discussed and treatment strategies explored.

## 11:30am-12:30pm **The Brain and Recovery: An Update on Neuroscience of Addiction**

**Kevin McCauley, MD**



The last ten years produced an explosion of understanding not only about addiction but how our brains enable our most human capacities. This lecture covers what is currently known in neuroscience about addiction—research that explains how the brain constructs pleasurable experiences, what happens when this process goes wrong, and why this can have a dramatic impact in our ability to make proper choices.

## 1:45-3:15pm **CONCURRENT WORKSHOPS**

### **Practical Strategies for Treatment of Comorbid Borderline Personality Disorder and Substance Abuse**

**Jack Kuo, MD**

*Staff psychiatrist for Promises, presents on topics ranging from Ethnic Biodiversity in Substance Abuse and Mental Illness to an evidence-based review of Virtual Reality and other forms of Cybertherapy in Substance Abuse and Mental Illness. Dr. Kuo has published an article on Club Drug Precautions for Pediatricians and for his work has been awarded scholarships by many organizations including the American Society of Addiction Medicine, the American Association of Addiction Psychiatry, the National Institute of Drug Abuse, the American Psychiatric Association, and the California Society of Addiction Medicine.*

Studies show that comorbidity of borderline personality disorder and substance abuse results in worse substance abuse as well as more psychopathology, self-destructive behaviors, suicidal thoughts, and medical and legal problems. This presentation will provide practical strategies for treating patients with comorbid borderline personality disorder and substance abuse at multiple levels of care.

### **Nutritional and Complementary Treatment for Mental Health Disorders: Non-Pharmaceutical Strategies that Work**

**Kristen Allott, ND, LAc**

*Owner of Dynamic Paths, Inc. where she specializes in working with the clients of mental health professionals. Dr. Allott seeks to find and treat the physical and energetic causes of anxiety, depression, food cravings, addictions, and other mental health concerns.*

This workshop covers a wide range of issues including increasing energy and mental clarity, treating depression and anxiety, and selecting complementary and alternative practices to improve physical and mental health.

*Concurrent Workshops continued on page 10*

## **The Lincoln Strategy: Lessons on How to Get Through Depression, Loss and Suicidal Impulses**

**Bill O'Hanlon, MS**

Abraham Lincoln suffered from depression his entire adult life, lapsing into serious suicidal depressions on two occasions. How he came to terms with what he called his "melancholy" offers lessons and hope for anyone suffering from depression and dealing with loss and serious thoughts of suicide. In this inspiring presentation, you will learn four strategies Lincoln used to successfully deal with and use his depressive tendencies and experiences to ultimately function well and accomplish an amazing amount of good in the world. You can then apply these lessons to clinical situations.

## **Treatment of Generalized Anxiety Disorder**

**Reid Wilson, PhD**

This session will explore the fundamental structure of worry—how it ignores data that isn't negative, how it squeezes out room for corrective information, and how it gives rise to erroneous beliefs. Stemming from this knowledge, participants will learn a set of therapeutic strategies based on the latest research.

### **3:30-5:00pm CONCURRENT WORKSHOPS**

## **Metaphors Be With You: Using Stories for Change**

**Bill O'Hanlon, MS**

Stories can bypass resistance and help people make changes at the non-conscious level. Learn the varieties of stories to use in change work and learn the elements of effective therapeutic storytelling. You will also hear some compelling and fun stories.

## **Update on Methamphetamine Dependence**

**Jack Kuo, MD**

This workshop will provide an evidence-based update on methamphetamine dependence including an evaluation of recent studies on methamphetamine-induced psychosis, stimulant-induced hypersexuality, and effective treatment options.

## **Enhancing Visualization Skills in Anxious Clients**

**Reid Wilson, PhD**

We will develop simple paradigms that therapists can briefly and confidently introduce in the treatment of generalized anxiety disorder, social phobias, panic disorder and OCD.

## **The Process—A Psychodrama of Addiction, Trauma and Recovery**

Directed by Academy Award nominee Richard Greenberg and featuring psychodramatist and author, Tian Dayton, PhD, this feature film is a fascinating exploration into the world of experiential therapy. Produced, introduced and facilitated by Gary Seidler.

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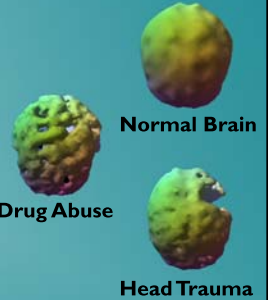
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MAY 30-JUNE 1 • SEATTLE, WASHINGTON

Northeast Conference on  
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# Continuing Education

**A maximum of 20 contact hours are available for this conference.**

18 core credit hours (6 hours for W, Th, and F) and 2 optional Thursday evening hours.  
This training includes 4 hours of Ethics.

## **US Journal Training Inc. is an approved provider by:**

- **The National Board for Certified Counselors (NBCC).** Provider #5130.
- **National Association of Alcoholism and Drug Abuse Counselors (NAADAC).** #000194.
- **Association of Social Work Board (ASWB)** (1-880-225-6880) through the Approved Continuing Education (ACE) program. Provider Number 1143.
- **CA Association of Alcoholism and Drug Abuse Counselors(CAADAC).** #OS-86-057-0512.
- **California Board of Behavioral Sciences.** Provider #PCE 78. Course meets the qualifications for up to 20 hours of continuing education credit for **MFTs and /or LCSWs.**
- **EAP Association/EACC-Program.**
- **Florida Board of Clinical Social Work, Marriage/Family Therapy, and Mental Health Counseling,** CE Broker Provider #50-2076.
- **Florida Certification Board, Inc.** Provider Number 17A.
- **California Board of Registered Nursing.** Provider Number 10512.
- **Canadian Addiction Counselors Certification Federation (CACCF).**
- **Florida Board of Nursing.** Provider Number 50-2076.

**Internatiouanal Institute for Trauma & Addiction Professionals (IITAP) is an approved provider by American Psychological Association (APA)** to sponsor Continuing Education for psychologists. IITAP maintains responsibility for this program and its content. APA meets requirements for MCEP/CA Psychologists.

Full-Time conference attendees who complete all required evaluation and attendance documentation are eligible to receive the maximum number of contact hours. Daily registrants can receive credit for each day in attendance.

**Note:** If you are seeking continuing education credit for a specialty not listed above, it is your responsibility to contact your licensing/certification board directly to determine eligibility of this training to meet your CEU requirement.

## Conference Objectives

### **Participants will be able:**

- 1** To identify treatment approaches and develop counseling skills for a range of issues in mental health, behavioral health, addictions and co-occurring disorders.
- 2** To increase therapeutic skills in working with trauma survivors of all types through a framework of trauma treatment and recovery.
- 3** To identify the neuropsychological and neurobiological underpinnings of addictive disorders and compulsive behaviors and the therapeutic implications of these findings.
- 4** To describe how the latest brain research, neuroscience and neuroimaging can guide more effective treatment and better outcomes.

25th Annual Northwest Conference on

# Behavioral Health and Addictive Disorders

**MAY 30-JUNE 1, 2012**

**REGISTRATION FORM**

**SEATTLE (BELLEVUE), WA**

**Please enter my registration for the Conference on the following basis:**

- Full-Time Conference—May 30-June 1—\$399.00 (by April 25)
- Full-Time Conference—May 30-June 1—\$449.00 (after April 25)

**Daily registration:** (before April 25)

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